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Dept of Public
Services All
US Orgs and
Missions

The Essentials of Dianetics Checksheet No. 4

THE HOW TO UNDERSTAND YOURSELF AND OTHERS COURSE

NAME: _____ DATE STARTED: _____

ORGANIZATION: _____ DATE COMPLETED: _____

PREREQUISITE: Checksheet No. 3 of this series, HCO PL 14 Feb 80
Issue IV THE HOW TO UNDERSTAND YOURSELF AND OTHERS
COURSE.

LENGTH OF COURSE: 1 to 2 days of part-time study.

MATERIALS: The book: DIANETICS: THE MODERN SCIENCE OF MENTAL
HEALTH by L. Ron Hubbard.

PURPOSE: To give a person an understanding of auditing procedures
and how to conduct a session.

STUDY INFORMATION: In studying Dianetics be very, very certain you
never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused
or unable to learn is that he or she has gone past a word or phrase
that was not understood.

If the material becomes confusing or you can't seem to grasp it,
there will be a word just earlier that you have not understood. Don't
go any further, but go back BEFORE you got into trouble, find the
misunderstood word and get it defined.

If you do have any trouble while studying this course, see your
course supervisor and he will help you.

You will also see the word DEMO (abbreviation for DEMONSTRATION)
on this checksheet. This refers to a demonstration done with a DEMO
kit which consists of various small objects such as corks, caps,
paper clips, pen tops, batteries - whatever will do. These are kept
in a box or container. You should have one. The pieces are used
while studying to represent the things in the material one is demon-
strating. It helps hold concepts and ideas in place. A DEMO KIT
adds mass, reality and doingness to the significance and so helps
you to study.

SEQUENCE: The items on the checksheet are to be studied and drilled
in sequence. Each item is to be signed off as it is done.

END PHENOMENA: Knowing that you have gained an understanding of
auditing procedures and how to conduct a session.

PRODUCT: A person who has gained an understanding of auditing procedures and how to conduct a session.

CERTIFICATE: The graduate of this course is awarded THE HOW TO UNDERSTAND YOURSELF AND OTHERS COURSE, PART 4 GRADUATE Certificate.

BOOK THREE:

- 1. CHAPTER I THE MIND'S PROTECTION
- 2. DEMO: The 4 ways to get into trouble with mental healing.
- 3. ESSAY: What the basic rule is about opening a case and why it is important to do this.
- 4. CHAPTER II RELEASE OR CLEAR
- 5. ESSAY: What the difference is between release and Clear.
- 6. ESSAY: What an assist is.
- 7. CHAPTER III THE AUDITOR'S ROLE
- 8. ESSAY: The importance of the Auditor's Code.
- 9. DEMO: Each part of the Auditor's Code.
- 10. CHAPTER IV DIAGNOSIS
- 11. ESSAY: The purpose of diagnosis.
- 12. ESSAY: What the primary things are that should be looked for in diagnosis.
- 13. CHAPTER V RETURNING, THE FILE CLERK AND THE TIME TRACK
- 14. ESSAY: What the spectrum of memory is. Which part of the spectrum is the most optimum way of getting a piece of data that is in the memory banks?
- 15. ESSAY: What the time track is.
- 16. ESSAY: What the file clerk is and what its use is in auditing.
- 17. DEMO: The ten steps of a dianetic session.
- 18. DEMO: Draw the two diagrams of the mind described in the chapter.
- 19. ESSAY: The three ways that the file clerk may hand things out and what the best method of handling the file clerk is.
- 20. ESSAY: What "erased" means when referring to an engram and how an erasure is achieved.
- 21.
- 22.
- 23.

STUDENT COURSE COMPLETION

STUDENT COMPLETION: I have completed the requirements of this check-sheet and I know and can apply the materials.

STUDENT ATTEST: _____ DATE: _____

I have trained this student to the best of my ability and he/she has completed the requirements of this checksheet and knows and can apply the checksheet data.

SUPERVISOR ATTEST: _____ DATE: _____

STUDENT ATTEST AT CERTS AND AWARDS: I attest: (a) I have enrolled on the course, (b) I have paid for the course, (c) I have studied and understand all the materials of this checksheet, (d) I have done all the drills on this checksheet, (e) I can produce the results in the materials of the course.

STUDENT ATTEST: _____ DATE: _____

CERTS AND AWARDS: _____ DATE: _____

CERTS AND AWARDS: Certificate of THE HOW TO UNDERSTAND YOURSELF AND OTHERS COURSE, PART 4 GRADUATE issued.

CERTS AND AWARDS: _____ DATE: _____

(Route this form to Course Admin for filing in student's folder.)

L. RON HUBBARD
FOUNDER

As assisted by
Public Services Pilot

for the

BOARDS OF DIRECTORS
of the
CHURCHES OF SCIENTOLOGY

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